

# GEORGE LAKES YACHT CLUB

2015 – 2016 SAILING SEASON

## SAILING INSTRUCTIONS: CLUB RACES

### **RULES**

Club races are governed by *The Racing Rules of Sailing*, the prescriptions of *South African Sailing*, the rules of each class concerned and these sailing instructions.

### **ENTRIES**

Yachts may be entered by completing registration on the entry sheet not later than 10 minutes before the start of the first race of the day, or if only sailing in subsequent races 10 minutes before the start of the subsequent race. The crew of competing yachts shall be members of a Yacht Club, affiliated to South African Sailing or a signed in Guest or a member of George Lakes Yacht Club. The helms of competing yachts must be members of George Lakes Yacht Club to be eligible for prizes.

### **NOTICES TO COMPETITORS**

Notices to competitors will be posted on the Sailing notice board.

### **CHANGES IN SAILING INSTRUCTIONS**

Any changes in the sailing instructions will be posted on the sailing notice board 30 minutes before the start of the first race, to which they apply. It will be the responsibility of each competing skipper to check the board for the course and any amendment before each race. These will not necessarily be advertised by means of an “L” flag.

### **SIGNALS MADE ASHORE**

Signals made ashore will be made from the flagpole at the end of the jetty.

### **SCHEDULE OF RACES**

Races are scheduled according to the club sailing programme, with the first race on Sundays starting at 13:30. The starting times of other events will be given in the notice of race.

### **CLASS FLAGS**

Class flags, when applicable, will be posted on the sailing notice board 30 minutes before the start of each race.

### **THE COURSE**

The course plan will be displayed on the sailing notice board 30 minutes before the start of each race.

The marks, the order in which marks are to be passed and the side on which each mark is to be rounded shall be designated on the course plan.

### **SHORTENING COURSE**

For finishes controlled from the fixed bridge in the club house, the leading yacht shall round the next mark of the course and then finish from the direction of that mark. This amends Rule 32.2.

For finishes controlled on the water from a start / finish line, the leading yacht shall continue the course to the normal leeward mark, then finish from there to the finish line. This amends Rule 32.2.

## **THE START**

If there is to be more than one class start, the classes and order of start will be posted on the notice board.

Races will be started using Rule 26. The warning signal for the 1st Class to start will be Numeral Pennant 1, the 2nd Class Numeral Pennant 2 and so on.

Races may be started in 2 ways.

\* From the fixed bridge in the club house.

\* From the committee boat on the water.

### **Starting lines.**

#### *Fixed Bridge Start:*

In this case the starting line shall be an extension of the line from the black sight band on the fixed bridge through the start mark on the water. There may also be a limit mark, and if there is, yachts must start between the start and limit marks.

#### *Committee Boat Start:*

The start will be between the flagstaff on the race committee boat flying the GLYC burgee and the start mark on the water.

Yachts whose preparatory signal has not been made shall keep clear of the starting area and all yachts whose preparatory signal has been made.

A yacht shall not start later than 5 minutes after her starting signal.

## **RECALLS**

When a general recall has been signalled, the starts for the succeeding classes will be postponed accordingly.

## **THE FINISH**

For races controlled from the bridge, the finish line shall be between the black sight band on the clubhouse bridge and the finish mark on the water.

For races controlled from the *committee boat*, the finish line shall be between the flagstaff on the committee boat flying the GLYC burgee and a nearby mark on the water.

## **BACK TO BACK RACES**

The L Flag displayed on the mast of the committee Boat or from the fixed bridge in the clubhouse at the finish of a race shall indicate that the next race will start as soon as possible. No sound signal will be made when hoisting this flag. It will be lowered with one sound signal one minute before the warning signal for the next race.

## **TIME LIMIT**

There will be no time limit for the first boat to cross the finish line but the length of the race will be at the sole discretion of the race officer. Any boat, which has not finished within 20 minutes of the leading boat of its class, will be scored DNF. This changes Rule 35.

## **PROTESTS**

Protests shall be written on protest forms available at the club house and lodged within 30 minutes of the protester coming ashore, with the Race Officer or the Officer of the Day or any other appropriate Club Official for attention of the Race Committee.

## **SCORING**

Appendix A of the Racing Rules using the ISAF Low Point system will apply. For interclass scoring, the SASEC handicaps, based on Portsmouth yardstick, shall be used.

A system of Personal Handicaps shall be used in certain identified racing series to determine relative performance.

## **ALTERNATIVE PENALTIES**

The Two Turns Penalty, Rule 44 of the Racing Rules will apply to monohulls. For catamarans, the alternative penalty is reduced to one turn, This amends Rule 44.

## **AMENDMENTS TO CLASS RULES**

Class Rules are amended as follows for all club races:

**Laser Class:** Skippers may change their rig from full to radial sails and vice versa between races.

**Sonnet Class:** Skippers may sail single handed with their normal rig and may change from single handed to crewed and visa versa between races.

**GP14 Class:** Skippers may change from crewed to single handed and visa versa between races.

The onus is on Skippers, making use of the above concessions, to inform the Race Committee. Failure to do so may mean the application of the incorrect class rating. The appropriate boat handicap rating (where available) shall be applied for these races.

## **RACE COMMITTEE**

The Race Committee for all scheduled Club Races will be The Rear Commodore (or the Officer of the Month), the Duty Officer for the day and the Race Officer.

## **LIABILITIES**

The Club, organisers and persons running the races do not accept and liability for any damage or loss suffered by competitors.

## **Rear Commodore**

**Malcolm Osborne**  
**August, 2015**